The Season of Lent - CRI/Voice Lent is a forty-day period before Easter. Lent begins on 13 February 2013 and ends on 30 March 2013, which is the day before Easter. The Revised Common Lectionary appoints Scripture readings for use in worship during the Season of Lent.

Lent offers us all a very special opportunity to grow in our relationship with God and to deepen our commitment to a way of life, rooted in our baptism. In our busy world, Lent provides an opportunity to focus on what truly matters. Ash Wednesday, the first day of Lent, is a solemn religious observance in the liturgical calendar of many Christian denominations. That day begins a period of forty days before Easter, a time of preparation and renewal.

During Lent, we are encouraged to reflect on our relationship with God and to pray, fast, and give alms. These practices are rooted in the traditions of the early Christian church and are intended to help us recommit ourselves to following Jesus. Ignatian contemplation and reflective meditation are key practices during Lent.

The Teutonic word Lent, which we employ to denote the forty days' fast preceding Easter, originally meant no more than the spring season. Still it has been used Pope Francis' Guide to Lent: What You Should Give Up This Year. Lent offers us all a very special opportunity to grow in our relationship with God and to deepen our commitment to a way of life, rooted in our baptism. In our busy world, Lent provides an opportunity to focus on what truly matters.

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Lent is a season of repentance and renewal. We are encouraged to raise up the needs of the world in prayer, to sacrifice by giving up food and material wants, and, to offer our time, talent and skill. Lent is a time of spiritual renewal. We are encouraged to pray, fast, and give alms. These practices are rooted in the traditions of the early Christian church and are intended to help us recommit ourselves to following Jesus. Ignatian contemplation and reflective meditation are key practices during Lent.

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